



Lake Mountain Ski Patrol

Training Package for Trainee Patrollers

Version 2 2016

Name: _____
Year joined patrol: _____

Training Package – record of progress				
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	1.3			
	1.4			
	1.5			
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Information for both trainees and Senior Patrollers

'Trainee' patrollers are new to Lake Mountain Ski Patrol; they may or may not have already completed the Australian Ski Patrol Association's (ASPA) Advanced Emergency Care (AEC) course. Once a trainee has completed both the ASPA AEC course and this training package they will become a 'patroller'.

Aim

This package aims to develop Trainee Patrollers' skills and knowledge specific to Lake Mountain Resort. The focus is on resources, equipment, Lake Mountain Resort's protocols and practical patrolling.

Note: Patient care/provision of first aid is covered by the Australian Ski Patrol Association's (ASPA) Advanced Emergency Care (AEC) course and is not covered by this training program.

Trainee Patrollers will be guided through this package by a senior, ASPA AEC qualified patroller acting as facilitator and mentor.

About the Package

The package is divided into seven major **topics**. Each topic is made up of a list of **items** to be individually marked off once completed. The topics do not have to be completed in order (i.e. one to seven). Each topic does not have to be completed in its entirety before Trainees can start another topic. This allows topics to be started or progressed as they arise during patrolling activities. The items within each topic are designed to be completed in order. Items are practical, which need to be demonstrated to a satisfactory standard (e.g. use of a piece of equipment), or informative (e.g. explanation of procedures).

Role of Facilitator

The Facilitator will be any senior patroller who is rostered on the same shift with the Trainee. The Facilitator will supervise and guide the Trainee Patroller through the Training Package.

The type and level of assessment required will depend on the topic. Facilitators will demonstrate, discuss, explain to the trainee and ask the trainee to do the same in order to test their knowledge and demonstrate their skills to a satisfactory level.

Once an item is completed please tick it off, date and initial it in order to record the Trainee Patroller's progress through each topic. Ensure they understand each item or can perform it to a satisfactory standard. Where required, manage the Trainee's performance to improve it to an acceptable standard.

Role of Trainee Patroller

- Undertake training while patrolling.
- Complete all topics and all items listed in each topic.
- No time frame is provided for completion of this package as this will depend how many shifts the patroller attends and how much time is available for training during each shift.
- Trainee patrollers must be accompanied by a patroller at all times, (when patrolling or in Ski Patrol Centre).

1. Mountain Familiarisation		Marked as satisfactory	
Item		Date & initial	<input checked="" type="checkbox"/>
1.1	Identify main ski trails and trail intersections on a trail map <ul style="list-style-type: none"> Point out Snow Gauge, Helicopter Flat, The Camp, The Gap, Triangle Junction, Crossways, and Panorama Lookout. Use official Lake Mountain 'Ski Trail Map' and the whiteboard map in Ski Patrol Centre. 		<input type="checkbox"/>
1.2	Discuss possible short cuts between trails <ul style="list-style-type: none"> Two links on Jubilee trail (refer to trail map) Jubilee to Woolybutt east of the Camp (W18 to J25) Echo flat link to Woolybutt west of the Camp (E61 to W39) Note: most are only usable with good snow cover and on skis (not skidoo). There may be small shrub regrowth since fires (2009) which makes it difficult even on skis. 		<input type="checkbox"/>
1.3	Discuss trail marking and numbering system <ul style="list-style-type: none"> Lower numbers generally mean closer to home except Jubilee and Panorama loops and Royston. Maps, colour coding of trails on map. Ski versus skidoo, where difficult to use skidoo e.g. thru Jubilee. Ski around to demonstrate knowledge of trails, intersections, trail numbering system and skiing ability. 		<input type="checkbox"/>
1.4	Identify names and locations of sites around the Village <ul style="list-style-type: none"> Know location of Ski School, Hire (skis, toboggan, snow shoe), tube run, flying fox, LM office (including lost property, overnight stay log book (for campers) and overnight patrollers' car log folder). 		<input type="checkbox"/>
	<ul style="list-style-type: none"> Toboggan slopes: Village, Kids, Koala, Leadbeaters <ul style="list-style-type: none"> Discuss how to best make access to and transport a patient using skidoo, buggy, wheel stretcher and for walking wounded. 		<input type="checkbox"/>
	<ul style="list-style-type: none"> Snow play areas. 		<input type="checkbox"/>
	<ul style="list-style-type: none"> Walking trails from Gerratys car park, Snowy Hill and Arnolds Gap. 		<input type="checkbox"/>
	<ul style="list-style-type: none"> Walk around to demonstrate knowledge. 		<input type="checkbox"/>
1.5	Discuss roles and responsibilities at Lake Mountain <ul style="list-style-type: none"> Role of Guest Services, Operations, Ski patrol director, Program Manager. <ul style="list-style-type: none"> Note: for help with transport (e.g. drive skidoo) call Operations or Program Manager. 		<input type="checkbox"/>
	<ul style="list-style-type: none"> Night shift crew start at 4pm, call to advise if missing person after 4pm, advise when ski patrol leaving mountain 		<input type="checkbox"/>
	<ul style="list-style-type: none"> Explain difference between the LMSP (volunteer organisation) and LM Alpine Resort, professional (paid) patrollers during the week. 		<input type="checkbox"/>

2. Communications		Marked as satisfactory	
Item		Date & initial	<input checked="" type="checkbox"/>
2.1	Discuss use of the portable radio then demonstrate		
	<ul style="list-style-type: none"> • Explain how LM radio network operates: <ul style="list-style-type: none"> ○ location of mountain based repeater at summit of Lake Mountain ○ Simplex operation (channel 4) - direct/line of sight (roughly) and will only be used when repeater fails ○ Duplex operation (channels 1 and 2) - signal/message goes from portable to repeater and back to all radios tuned to same channel) ○ Volunteer ski patrol use channel 2. Channel 1 is for mountain admin only. 		<input type="checkbox"/>
	<ul style="list-style-type: none"> • Use of fixed (base station) radio in Ski Patrol Centre. Channel name on base station is LMSP. Portable radio is channel 2. • Scroll through to show the other channels that can be accessed via the base station. 		<input type="checkbox"/>
	<ul style="list-style-type: none"> • Radio channels used on mountain. On weekends only Ski Patrol use ch 2, all other Lake Mt staff use ch 1. Guest Services may call for Ski Patrol on ch 1 therefore one portable radio is always switched on ch 1 on the desk in Ski Patrol Centre for 'dispatcher' to monitor. 		<input type="checkbox"/>
	<ul style="list-style-type: none"> • Push to talk button. Need to push, pause, then speak across the hand set's microphone. 		<input type="checkbox"/>
	<ul style="list-style-type: none"> • Options for carrying radio. Harness vs. pockets, rotating clip on handset. Where to position handset for ease of access, to avoid wind and other interference. 		<input type="checkbox"/>

2. Communications continued.....			
2.2	<p>Radio call signs and conventions</p> <ul style="list-style-type: none"> • Always use name or call sign to identify yourself and give location when initiating a radio message. • If out on ski trail, give location as the nearest trail marker pole number. • For example: “LM dispatch this is Ski Patrol John on Village” or “LM dispatch this is Ski Patrol John at M32”. • Call sign for Patrol Leader on any day is LM150, and 2IC is LM151. • Always give the other person’s name/call sign first and your own second. • Use “out” to complete the conversation. The caller who initiated the call should generally be the one to complete it. • If you are not completing the conversation, you can finish your message with “over”. • Once conversation is initiated you can stop using your own name/call sign. Continue to use the other person’s name or call sign. <ul style="list-style-type: none"> ○ E.g. “LM Dispatch this is Ski Patrol Emma at E15, over.” “Ski Patrol Emma this is LM Dispatch go ahead, over.” “LM Dispatch I need transport for one patient, non-walking, over.” 		<input type="checkbox"/>
2.3	<p>Use of phones</p> <ul style="list-style-type: none"> • Mobile phone signal not reliable (may need to advise visitors). • Land line phone, extension numbers for other areas of resort. Refer to document on wall by phone. Press ‘0’ for outside line. 		<input type="checkbox"/>
2.4	<p>Awareness of matters which need to be immediately brought to attention of Patrol Leader for the day</p> <ul style="list-style-type: none"> • Ambulance requests. • Persons reported overdue or missing. • Accidents/injuries involving Ski Patrol or Lake Mt staff. 		<input type="checkbox"/>
2.5	<p>Information required when calling for an ambulance</p> <ul style="list-style-type: none"> • Refer to document near phone in office for street address of Lake Mountain. • Patient information - age, gender, level of consciousness, breathing/ not breathing, injury, • Treatment given, pain management and observations. • Must notify Admin by phone that an ambulance has been called. Admin will then notify ticket box. Same for any other emergency services. 		<input type="checkbox"/>
2.6	<p>Helicopter Landing – see Form Masters folder with map grid references.</p>		<input type="checkbox"/>

3. Out on Patrol		Marked as satisfactory	
Item		Date & initial	<input checked="" type="checkbox"/>
3.1	Discuss what to carry when out on patrol <ul style="list-style-type: none"> • Always carry pack when leave the Ski Patrol Centre. • Review standard contents of the patrol pack (refer to list “Ski Patrol Pack Contents” on wall in Ski Patrol Centre). 		<input type="checkbox"/>
3.2	Discuss use and reason for inclusion of each item. Note <i>On Site Injury Report</i> form is included in Topic 4 Forms .		<input type="checkbox"/>
3.3	Discuss what else to carry in pack: <ul style="list-style-type: none"> • Adequate clothing for weather changes, extra layer of clothing if stopped with a patient waiting for transport, maps to hand out, medical gloves in pocket so easily accessible, water, snacks and sunscreen. 		<input type="checkbox"/>
3.4	Personal safety/welfare <ul style="list-style-type: none"> • Your own safety is the first priority • Always ask if unsure • Monitor your own condition 		<input type="checkbox"/>

4. Ski Patrol Centre – forms, documentation, procedures		Marked as satisfactory	
Item		Date & initial	<input checked="" type="checkbox"/>
4.1	<p>Forms: Discuss when and how to complete, where the forms found, and where the completed forms are stored. Refer to folder in office of Ski Patrol Centre Form Masters for master and copies of all forms.</p>		<input type="checkbox"/>
	<ul style="list-style-type: none"> • <i>Lake Mountain Alpine Resort Management Board Injury Report Form</i> <ul style="list-style-type: none"> ○ Discuss when to use and demonstrate how to complete this form, including the sections if patient refuses care or transport and if any first aid equipment is sent home with patient. Must discuss need to complete of both sides of the form. ○ Trainee can complete this form with a senior ski patroller who will sign it off. ○ patient privacy – don't leave the form lying around. File it as soon as possible in the appropriate folder in the office. 		<input type="checkbox"/>
	<ul style="list-style-type: none"> • LMSP Missing Person Management form 		<input type="checkbox"/>
	<ul style="list-style-type: none"> • LM Alpine Resort Incident Investigation Report Information Sheet (form) together with LM Alpine Resort Incident Reporting Procedures 		<input type="checkbox"/>
	<ul style="list-style-type: none"> • Lake Mountain Ski Patrol Inc. – Sign in and sign off, Daily Checklist and Trail/Ski Patrol Centre Roster 		<input type="checkbox"/>
	<ul style="list-style-type: none"> • Lake Mountain Alpine Resort On-Site Injury Report form (kept in Ski Patrol roll in personal pack) – used to document treatment and injuries on scene. Transfer information and attach to an Injury Report Form once back at Ski Patrol Centre. 		<input type="checkbox"/>
	<ul style="list-style-type: none"> • Lake Mountain Ski Patrol Ski Trail Inspection Log – should be completed on weekends. 		<input type="checkbox"/>
	<ul style="list-style-type: none"> • Lake Mountain Ski Patrol Post-Head Injury Instructions/Advice handout 		<input type="checkbox"/>
	<ul style="list-style-type: none"> • Soft Tissue Injury Advice handout 		<input type="checkbox"/>
	<p>Other forms:</p> <ul style="list-style-type: none"> • Self-Administration of Medications form • S4 drugs Log book: sign out/in, record use 		<input type="checkbox"/> <input type="checkbox"/>

4.	Ski Patrol Centre – forms, documentation, procedures..... continued		
4.2	<p>Ski Patrol Procedures: refer to <i>Ski Patrol Procedures</i> folder in office of Ski Patrol Centre. [Allow trainee to read each procedure in their own time then discuss each procedure together, explain the procedure and answer any questions the trainee has.]</p>		
	1. Ambulance Request Procedure		<input type="checkbox"/>
	2. Missing Person Report/Search and Rescue Procedure		<input type="checkbox"/>
	3. Toboggan Slopes Operational Procedures		<input type="checkbox"/>
	4. Patient Transfer with Minimal Lift		<input type="checkbox"/>
	5. Incident Investigation Reporting Procedures		<input type="checkbox"/>
	6. Snowmobile/4WD Bike Policy		<input type="checkbox"/>
	7. Dispatch and Ski Patrol Centre Checklist		<input type="checkbox"/>
	8. Ski Patrol – Ski Hire Policy		<input type="checkbox"/>
	9. SPC Flat Checklist		<input type="checkbox"/>
	10. Equipment & Facility Cleaning		<input type="checkbox"/>
	11. Administration and self-administration of medications within the Ski Patrol operations.		<input type="checkbox"/>
4.3	Maps showing location of nearest hospital and doctor (Healesville, Maroondah Hospital).		<input type="checkbox"/>

5. Ski Patrol Centre			
5.1	Ski Patrol Centre – locate and identify equipment	Marked as satisfactory	
Item		Date & initial	<input checked="" type="checkbox"/>
5.1.1	<p>Locate and identify the following equipment. Note: the next Topic (5.2) involves operation and practical use of this equipment.</p> <p><u>Patient transport and movement:</u></p> <ul style="list-style-type: none"> • green wheeled chair • hydraulic patient lift • beds (wheel locks, raise/lower) • UTV, skidoo and quad bike <ul style="list-style-type: none"> ○ how to load or position patient and equipment including skis and considering injuries • skidoo pack: <ul style="list-style-type: none"> ○ Note: contents of skidoo pack to be reviewed as part of Item 5.2.1 below • flectalon blanket (lining and filling, passive rewarming NOT active) • spine board and scoop stretcher (both spinal rated) • Ferno stretcher: <ul style="list-style-type: none"> ○ head and foot end, straps to secure patient into stretcher ○ note how Ferno is secured to each trailer (single bike wheel 2-wheel trailer, sled). ○ Check compatibility of vehicle hitches and trailers. • Vacuum splint (red bed and new spinal rated green splint) 		<input type="checkbox"/>
5.1.2	<p><u>Splinting/injury support</u></p> <ul style="list-style-type: none"> • Vacuum splint • Wrap splint • Sam splint • Hand/wrist splint • air splint • box splint • traction splint CT-6 		<input type="checkbox"/>
5.1.3	<p><u>Patient care and monitoring:</u></p> <ul style="list-style-type: none"> • Blood Pressure monitors • Blood Glucose monitor • Pulse oximeter finger monitors • Oxygen cylinders (transportable and fixed (big) cylinder and Hudson masks • Entonox cylinder and mouth pieces and filters • ice and heat packs/hot water bottle • thermometers 		<input type="checkbox"/>
5.1.4	<p><u>Other:</u></p> <p>Pat slide, gloves – medical and leather, boot chains, signage and other safety equip (hole maker, star picket rammer, cable ties, drill), snow shoes from Rental if required.</p>		<input type="checkbox"/>
5.1.5	Contents of all the plastic tubs as labelled and equipment on metal trolley.		<input type="checkbox"/>
5.1.6	Equip in Ski Patrol Centre which cannot be used, even by ASPA AEC qualified patrollers unless they have additional medical qualifications: oropharyngeal airways, Bag-Valve-Mask ventilator.		<input type="checkbox"/>

5.2	Ski Patrol Centre – operation and practical use of equipment	Marked as satisfactory	
Item		Date & initial	<input checked="" type="checkbox"/>
5.2.1	Operate and demonstrate the use of the following equipment: <u>Patient transport and movement equipment:</u>		
	• green wheeled chair – unstable on soft, uneven surfaces where need several ‘helpers’ to assist		<input type="checkbox"/>
	• beds (wheels, raise/lower)		<input type="checkbox"/>
	• UTV, skidoo and quad bikes: <ul style="list-style-type: none"> ○ Operation of these vehicles is only taught by the Skills Officer. Trainee needs to speak to LMSP Skills Officer to arrange training. ○ skidoo pack contents: webbing straps (fluoro yellow), head towel rolls and tape 		<input type="checkbox"/>
	• Flectalon blanket (lining and filling, passive rewarming NOT active). If Flectalon gets wet – dry it out in the drying room and put a new one into the skidoo.		<input type="checkbox"/>
	• Spine board, scoop stretcher and green vacuum stretcher (all spinal rated), vacuum stretcher (red).		<input type="checkbox"/>
	• Ferno stretcher: <ul style="list-style-type: none"> ○ head and foot end, straps to secure patient into stretcher ○ note how Ferno secured to each trailer (single bike wheel, 2-wheel trailer, sled), check trailer hitches 		<input type="checkbox"/>
	• Practice loading patient with various injuries onto the spine board or scoop and/or into the Ferno. Consider how best to transport depending on injury. Demonstrate. • If not enough patrollers to lift safely get extra assistance from Lake Mountain staff (Operations).		<input type="checkbox"/>
	• Discuss why all patients need to be secured to lifting or transport equipment no matter how short the lift or transport distance.		<input type="checkbox"/>
	• Demonstrate how to move patient from sled into First Aid Centre and from First Aid Centre to private vehicle or ambulance. Include control of relatives, friends, need to pre-plan the move and have someone in charge controlling movements.		<input type="checkbox"/>
5.2.2	<u>Splinting/injury support equipment</u>		
	• Practice using the following on a patient with various injuries. Discuss preferred equipment depending on injury. <ul style="list-style-type: none"> ○ Vacuum splint – various uses ○ air splint – lower limb injuries ○ box splint – knee injuries ○ traction splints (CT-6, Kendrick) – femur injuries ○ Sam splint – various limb injuries ○ Hand/wrist splint ○ Wrap splint 		<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

5.2 Ski Patrol Centre – operation and practical use of equipment continued....			
5.2.3	<u>Patient care – monitoring and recording observations:</u> <ul style="list-style-type: none"> • Blood Pressure monitors • Blood Glucose monitor • Pulse oximeter finger monitors • Oxygen cylinders (transportable and fixed (big) cylinder) – quantity used • Entonox cylinder – quantity used • ice and heat packs/hot water bottles • thermometers 		<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
5.2.4	<u>Other:</u> Pat slide, gloves – medical and leather, boot chains, signage and other safety equip (hole maker, cable ties, drill), snow shoes from hire shop if required.		<input type="checkbox"/>
5.2.5	Contents of all the plastic tubs as labelled and equipment on metal trolley. <ul style="list-style-type: none"> • Wound dressing pack (blue packs) – demonstrate how to use 		<input type="checkbox"/>
5.2.6	<u>Cleaning and Maintenance of equipment:</u> Washing sheets, location of clean linen, other equip – refer to LM procedures, ASPA manual, plus mop, cleaning cupboard and vacuum for cleaning floor at end of day.		<input type="checkbox"/>

6. Incident Response		Marked as satisfactory	
Item		Date & initial	<input checked="" type="checkbox"/>
6.1	How to secure a toboggan slope if need to treat or move a patient – need to stop all traffic with assistance of Guest Services.		<input type="checkbox"/>
6.2	How to secure a ski slope – both directions, skis, use bystanders.		<input type="checkbox"/>
6.3	Information required when requesting transport and/or delivery of additional equipment to assist patient care and/or transport.		<input type="checkbox"/>
6.4	When you would use snow shoes instead of skis – if have you to go off trail to access a patient.		<input type="checkbox"/>
6.5	When to take a skidoo/when allowed to take a skidoo on trails. <ul style="list-style-type: none"> Always take for fast retrieval of serious injury or illness. If snow is patchy use the quad bike. 		<input type="checkbox"/>
6.6	Scenarios Discuss equipment you would take if called to respond to following. What other resources, personnel and equipment would you request? <ol style="list-style-type: none"> Collapsed patient in Gerraty's car park BBQ area Pt. with back injury on Koala Creek toboggan slope Car accident below Snowy Hill car park 12 seater minibus over the side of road below Kelly's Paddock. Unconscious patient on toboggan slope Conscious patient with an arm injury on ski trail Confirmed report of a missing child off the ski trail Report of 2 people overdue back at the car park at the end of the day Report of head-on, 2 car accident with a person trapped. 		<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

7. Duties of a Patroller		Marked as satisfactory	
Item		Date & initial	<input checked="" type="checkbox"/>
7.1	<p>General duties:</p> <ul style="list-style-type: none"> • public education e.g. 'Snow Safe' program, distribute brochures • OH&S duty to report and/or act on safety concerns • Early morning assessment of toboggan slopes, icy surfaces and snow shed from rooves • Report on trail and toboggan slope conditions, especially if becoming unsafe • position of safety signage (e.g. falling snow) • eliminating hazards • patrolling trails and all snow play areas including toboggan slopes <p>Notes:</p> <p>Rolls rotate over the shift as determined by Senior Patroller for the day: out on trails, on toboggan slopes, Ski Patrol in Ski Patrol Centre, Dispatch. Describe responsibilities for each role</p> <ul style="list-style-type: none"> • Dispatch: role and responsibilities • Patrol Leader for the day: role and responsibilities 		<input type="checkbox"/>
7.2	<p>Examples of hazards</p> <p>Discuss how to resolve them (while keeping visitors happy and meeting Lake Mt Resort Obligations to keep visitors safe).</p> <ul style="list-style-type: none"> • Ski trail: rocks, icy, steep slope, sharp bend, • Toboggan slope: <ul style="list-style-type: none"> ○ unsafe (banned) toboggans ○ unsafe riding of toboggans ○ icy conditions resulting in too fast travel speed (lower starting line) ○ users not walking up slope to sides ○ users going over berm/lip at bottom of slope ○ users going into or under safety mesh on sides or bottom of slope • Walking trails: improper footwear (unsafe), inappropriate clothing for weather conditions, setting off at end of day 		<input type="checkbox"/>
7.3	<p>Start of day</p> <ul style="list-style-type: none"> • Fill in Log - sign in, arrival time and sign off as leaving • Check contents of own patrol pack, add personal items to patrol pack • Collect radio and harness (if required) • sign out Penthrane (if qualified) • Check transport available, fuelled (Note: ask Mt staff to assist if refuelling required), trailer ready to go, 'skidoo pack' and flectalon blanket ready to go 		<input type="checkbox"/>
7.4	<p>End of day:</p> <p>Cleaning – location of cleaning equipment in Ski Patrol Centre, cleaning cupboard outside Ski Patrol Centre</p>		<input type="checkbox"/>

7. Duties of a Patroller continued...

7.5	<p>End of day sweep</p> <ul style="list-style-type: none"> • When and why do it – do it if patrollers are available, if report of people missing, overdue or struggling to get back to car park and may need to be picked up. • How to best cover all trails, by ski or skidoo. • From approx. 4:00pm onwards, speak to anyone out on trails, confirm they are comfortable getting back or offer transport, assess their attire, equipment and capabilities of the whole group of skiers/snow-shoe walkers to safely return to Gerraty’s car park given the time of day and weather/snow conditions. • When do ski patrol leave and handover to the mountain staff. They will contact senior staff and/or police if there is a problem. • Check car park (Gerraty’s only) for number of public cars remaining. Leader of day after checking in with the Mountain’s late crew, confirms ok for ski patrol to go home. 		□
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8. Knot tying		Marked as satisfactory	
Item		Date & initial	<input checked="" type="checkbox"/>
8.1	Demonstrate how to tie the following knots. Refer to <i>AEC Manual (13th ed. 2016), Chap 17: Practical Application of Knots</i> for photos and instructions on these knots.		
	• Single Fisherman’s knot or stopper knot		<input type="checkbox"/>
	• Double Fisherman’s knot		<input type="checkbox"/>
	• Clove Hitch		<input type="checkbox"/>
	• Figure 8 knots		
	○ Rethreaded Figure 8 knot		<input type="checkbox"/>
	○ Figure 8 on the bight		<input type="checkbox"/>
	• Prussic knot		<input type="checkbox"/>
	• Alpine Butterfly knot		<input type="checkbox"/>
	• Reef knot		<input type="checkbox"/>
	• Tape knot		<input type="checkbox"/>
8.2	Practical use of knots. • Use these knots to secure the Ferno stretcher to the various modes of stretcher transport available in the Ski Patrol Centre, e.g. bike wheel, sled, vehicles.		<input type="checkbox"/>